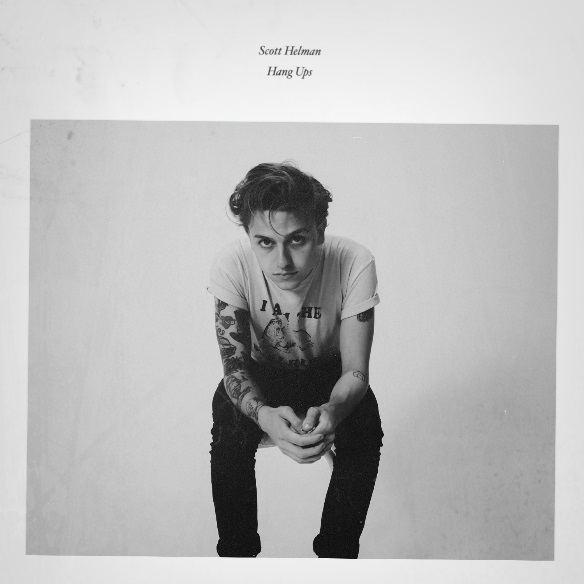


**SCOTT HELMAN RELEASES OFFICIAL VIDEO “HANG UPS”**

**EUROPEAN TOUR WITH VANCE JOY BEGINS TODAY, FOLLOWED BY U.S. HEADLINE TOUR**



**October 26, 2018 (Los Angeles, CA) –** Canadian recording artist Scott Helman has released the official video for his latest single, “Hang Ups.” The video was directed by Scott’s longtime collaborator Ben Knetchel and features Scott literally bouncing off the walls. To celebrate, Scott embarks on a European tour with Vance Joy today, followed by a headlining tour in the United States this December. Full itinerary below.

**Watch/Share “Hang Ups” Video:**

[**https://youtu.be/gS\_Kb6J6IT0**](https://youtu.be/gS_Kb6J6IT0)

**Stream/Download “Hang Ups”**

[**https://scotthelman.lnk.to/SHHangUps**](https://scotthelman.lnk.to/SHHangUps)

“‘Hang Ups’ was inspired by a FaceTime with my girlfriend which ended in a big fight,” Scott recalls. “Afterwards, I had an intense moment of anxiety, hoping I didn’t do too much damage. As someone with ADHD, I usually have 800 things going on in my brain at once. With the song, wanted to paint a picture of the feeing after a conversation where everything comes out wrong.”

“Hang Ups” along with the song “Dostoevsky,” which come from Scott’s newly released 3-track EP [*Hang Ups*](https://open.spotify.com/album/2mTYjA1gCM2DsyEdbV4GgR), were recorded earlier this Fall with producer Thomas “Tawgs” Salter who also produced Scott’s debut EP *Augusta* and fell-length album *Hôtel De Ville*. The third song, “Lifeguard” was produced by Brian Howes and Jason Van Poederooyen (Mother Mother, Simple Plan, Hinder). All three songs are available to stream or download [HERE](https://ScottHelman.lnk.to/SHHangUps).

Earlier this summer, Scott Helman joined Vance Joy on five Canadian tour dates. The acts hit it off so well that before the final date, Vance had asked Scott to join him in Europe this fall.

**Scott Helman Tour Dates:**

With Vance Joy:

10/25            Madrid, ES                Teatro Kapitol

10/26            Barcelona, ES           Bikini

10/29            Paris, FR                    Elysee Montmartre

10/30            Brussels, BE              La Madeleine

11/02 - 03    Amsterdam, NL       Paradiso

11/05            Leipzig, DE                Taubchenthal

11/06            Stuttgart, DE            Wizemann

11/07            Bochum, DE             Zeche

11/09            Zurich, CH                 Komplex 457

11/10 - 11    Vienna, AT                WUK

11/16 – 17   Dublin, IE                  Olympia Theatre

Headline U.S. dates:

11/30            Boston, MA    Café 939

12/01            New York City, NY  Rockwood Music Hall Stage 2

12/02            Washington, D.C.   Songbyrd

12/04            Cleveland, OH         Beachland Tavern

12/05            Pontiac, MI              The Pike Room

12/06            Chicago, IL                Schubas Tavern

12/08            Buffalo, NY               Iron Works

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