**PANAMANIAN ALT-POP ARTIST SOFÍA VALDÉS SHARES**

**ETHEREAL NEW SINGLE “MIDNIGHT FREAK-OUT”**

**LISTEN** [**HERE**](https://sofiavaldes.lnk.to/MidnightFreakOut) **– WATCH VIDEO** [**HERE**](https://SofiaValdes.lnk.to/MidnightFreakOutVideo)

**A person lying on a dresser

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*“Sofía Valdés has music in her blood”*

***– NPR***

*“an effortless blend of bedroom-pop and bossa nova”*

***– V Magazine***

*“The rising Panamanian artist’s guitar songs are some of the prettiest you’ll hear.”*

***– NYLON***

**June 9, 2023 (Los Angeles, CA) –** Panamanian singer-songwriter**Sofía Valdés** shares the dreamy new single **“Midnight Freak-Out,”** out today via **Warner Records**. Crafted with acclaimed producer Michael Uzowuru [Rosalía, SZA, Frank Ocean], **“Midnight Freak-Out”** sets the stage for a momentous 2023 for **Sofía**, who is currently putting the finishing touches on her next project alongside Uzowuru and a team of today’s most in-demand collaborators. The moody track vividly expresses the isolation of being an immigrant in a new country and comes with a gorgeously shot video filmed mostly underwater, taking **Sofía** from a late-night bath into the vast deep sea. Listen to it [HERE](https://sofiavaldes.lnk.to/MidnightFreakOut) and watch the video [HERE](https://SofiaValdes.lnk.to/MidnightFreakOutVideo).

With a weightlessness to the track, as if she hopes to turn her loneliness into nothing but a dream, “**Midnight Freak-Out”** was inspired by **Sofía’s** move to America at the height of the pandemic. “*I was new to the U.S. and I had a really hard time getting to know people because of the cultural differences and language barrier,"* she explains. *"Being an immigrant is not easy. Getting to know people starting from zero without any connections is no easy task. I found myself relying on unhealthy habits to feel less alone. I missed my family and my life in Panamá so much that I didn’t know why I was even here in the first place. Was all this suffering worth it when I could be back home with my family? Like a lot of artists I turned to music to try and tell my story.”*

Effortlessly balancing pop and poetic songwriting with sounds from her Latinx musical roots, **“Midnight Freak-Out”** is **Valdés'** first release of 2023, following last year’s emotional bedroom-pop gems **“Heart of Glass”** and **“Broken”** [feat. **Pink Sweat$**]. The singles—along with 2021’s acclaimed EPs [*In Bloom*](https://sofiavaldes.lnk.to/inbloom) and [*Ventura*](https://sofiavaldes.lnk.to/Ventura)—have received a long list of critical acclaim from the likes of [*NPR,*](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.npr.org%2Fsections%2Fworld-cafe%2F2021%2F02%2F09%2F965905426%2Fpanamanian-songwriter-sofia-valdes-carries-on-a-family-tradition&data=04%7C01%7CPatrice.Compere%40warnerrecords.com%7C4e03e8ee58314aa5adf408d92d3f6f59%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637590572756612172%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=ido9UAdKWtTPOmrB4lJeC51tDf%2FLqdWt7cpi44Lr9uM%3D&reserved=0) [*W Magazine*](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wmagazine.com%2Fculture%2Fsofia-valdes-new-ep-ventura-new-faces-interview&data=04%7C01%7CPatrice.Compere%40warnerrecords.com%7C4e03e8ee58314aa5adf408d92d3f6f59%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637590572756582189%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=DYqR11OyCMgsPqsuhEq2QqyewU3MBT12QPj6cSUSom0%3D&reserved=0)*,* [*Interview Magazine*](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.interviewmagazine.com%2Fmusic%2Fsofia-valdes-ventura&data=04%7C01%7CPatrice.Compere%40warnerrecords.com%7C4e03e8ee58314aa5adf408d92d3f6f59%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637590572756592187%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=IPfWbdgShp0ViwL8nThn2cXhQABhYP9z0MR04llvIgc%3D&reserved=0)*,* [*NYLON*](https://www.nylon.com/entertainment/sofia-valdes-ventura-deluxe-interview)*,* [*Ones To Watch*](https://www.onestowatch.com/en/blog/sofia-valdes-pink-sweat-broken), and more for her beautifully original blend of bossa nova, folk, and pop. With **“Midnight Freakout,”** **Sofía** continues to expand on that sound while remaining boldly vulnerable in her words and delivery.

*A picture containing swimming, underwater, diving

Description automatically generated*

*Download high-res artwork + images* [*HERE*](https://press.warnerrecords.com/sofiavaldes)

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