**SOFÍA VALDÉS SHARES INTOXICATING NEW SINGLE “EASY” OFF HER FORTHCOMING NEW EP** [***SILVIA***](https://SofiaValdes.lnk.to/Silvia)

**LISTEN TO “EASY”** [**HERE**](https://SofiaValdes.lnk.to/easy)

A person on a pole

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**July 14, 2023 (Los Angeles, CA) –** Rising Latinx singer-songwriter **Sofía Valdés** shares the intoxicating new single **“Easy,”** out today via **Warner Records**. Listen [HERE](https://SofiaValdes.lnk.to/easy). Mixing downtempo coolness with a touch of dark-pop, the Panamanian artist expresses the raw frustration of trying to find a home in a new country. This theme runs throughout herforthcoming[***Silvia*** EP](https://SofiaValdes.lnk.to/Silvia), which documents the extreme emotions **Valdés** experienced when immigrating to the U.S.

*Silvia*—named after hergreat-grandmother **Silvia De Grasse**, a famed Panamanian singer who performed with **Louis Armstrong**—was co-produced by **Michael Uzowuru** (known for his work on groundbreaking albums like **Rosalía’s *Motomami*** and **SZA’s *Ctrl***), and features in-demand musicians like **Tyler Johnson (Harry Styles, Miley Cyrus)**, **Carter Lang (SZA, Lykke Li)**, **John Hill (Florence + the Machine, Tinashe)**, and legendary Brazilian composer **Arthur Verocai**.

*“I learned from my dad that my great-grandmother was very rebellious for her time—she always spoke her mind, and had the strength to do whatever she wanted,”* she explains**.** On “Easy,” **Sofía** embraces that confidence, laying out her anxieties over a spiky bed of potent breakbeats. *“I picked a fight just for kicks,”* she slyly coos over an undulating guitar loop before a rush of fuzz flutters in. *“Giving it all just to take it back,”* she adds with a jab, her voice doubled up to hypnotizing effect. Throughout, **Sofía** demonstrates her extraordinary vocal command, her tone cycling from sardonic to soulful to breathtakingly fragile with absolute grace.

*“I wrote this song at a time when I was asking so many people for help, but there was no help to be had,”* she says of “Easy.” *“It felt like one of the worst betrayals of my life, and had a severe effect on my mental health. People would tell me things like, ‘Oh, just go sleep it off,’ which was a weird thing to say when I didn’t have a house to sleep in. I kept telling them, ‘That’s easy for you to say,’ and that’s how the song came to me.”*

“Easy” comes on the heels of the dreamy **“Midnight Freakout”**—also inspired by her life-changing move to America. Both tracks are on **Sofía’s** forthcoming five-song EP *Silvia*, her most exquisitely realized work to date. It all sets the stage for a momentous 2023 for **Sofía**,following last year’s emotional bedroom-pop gems **“Heart of Glass”** and **“Broken”** [feat. **Pink Sweat$**]. The singles—along with 2021’s acclaimed EPs [*In Bloom*](https://sofiavaldes.lnk.to/inbloom) and [*Ventura*](https://sofiavaldes.lnk.to/Ventura)—have received a long list of critical acclaim from the likes of [NPR,](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.npr.org%2Fsections%2Fworld-cafe%2F2021%2F02%2F09%2F965905426%2Fpanamanian-songwriter-sofia-valdes-carries-on-a-family-tradition&data=04%7C01%7CPatrice.Compere%40warnerrecords.com%7C4e03e8ee58314aa5adf408d92d3f6f59%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637590572756612172%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=ido9UAdKWtTPOmrB4lJeC51tDf%2FLqdWt7cpi44Lr9uM%3D&reserved=0) [W Magazine](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wmagazine.com%2Fculture%2Fsofia-valdes-new-ep-ventura-new-faces-interview&data=04%7C01%7CPatrice.Compere%40warnerrecords.com%7C4e03e8ee58314aa5adf408d92d3f6f59%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637590572756582189%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=DYqR11OyCMgsPqsuhEq2QqyewU3MBT12QPj6cSUSom0%3D&reserved=0), [Interview Magazine](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.interviewmagazine.com%2Fmusic%2Fsofia-valdes-ventura&data=04%7C01%7CPatrice.Compere%40warnerrecords.com%7C4e03e8ee58314aa5adf408d92d3f6f59%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637590572756592187%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=IPfWbdgShp0ViwL8nThn2cXhQABhYP9z0MR04llvIgc%3D&reserved=0), [NYLON](https://www.nylon.com/entertainment/sofia-valdes-ventura-deluxe-interview), [Ones To Watch](https://www.onestowatch.com/en/blog/sofia-valdes-pink-sweat-broken), and more for her beautifully original blend of bossa nova, folk, and pop. With “Easy,” **Sofía** continues to expand on that sound while remaining boldly vulnerable in her words and delivery.

A person leaning against a wall

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Patrice Compere / patrice.compere@warnerrecords.com