

ANNE-MARIE RETURNS WITH POWERFUL NEW SINGLE “DEPRESSED”

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September 19, 2025 (London, UK). Global pop superstar Anne-Marie today unveils her brand-new single “[DEPRESSED](#)” — an honest yet darkly witty exploration of mental health, self-image, and the everyday battles hidden beneath a smile. [LISTEN HERE](#)

A bold new chapter in her songwriting and unvarnished honesty, “[DEPRESSED](#)” pairs Anne-Marie’s signature vulnerability with biting lyricism and infectious pop hooks. It had a high level of social virality when she revealed the song and continues to grow. It lays bare the contradictions of living with anxiety and sadness in a world that demands constant positivity. She captures the paradox of laughing through the pain with relatability and candour.

Anne- Marie says...” A song for the depressed crew! Hope this makes you feel a little less alone when you listen to it. And hopefully it puts a smile on your face too. I can’t help but write songs about what I’m going through in my life and seems as though a lot of people feel the same let’s dance and cry and laugh all at once.”

Beyond her work in music, Anne-Marie has become a multifaceted public figure and a passionate advocate for mental health. This is a cause she has championed through her YouTube documentary, *How to be Anne-Marie*, and by fronting ITV’s “Britain Get Talking” campaign. In 2021, she also released her debut book, the Sunday Times ‘Best Seller’ *You Deserve Better*. Part memoir and part practical self-help guide, the book drew on her own experiences to help readers tackle life’s challenges. As an official ambassador for Mind Charity, The Princes Trust, and the Trussell Trust, she uses her platform to raise awareness and support for important social causes

About: Anne-Marie's rise to stardom has been nothing short of meteoric. A former three-time world karate champion and West End child star, Anne-Marie has become a multi-platinum selling artist and one of the UK's most-loved pop stars. Her pop resume includes eight UK Top 10 singles and three Top 3 albums, with her debut album, *Speak Your Mind*, ending 2018 as the UK's biggest-selling debut artist. She has earned a total of ten BRIT Award nominations and is the co-writer behind a swarm of classic hits, including "Ciao Adios," "Friends," "2002," and the global number one smash hit "Rockabye" with Clean Bandit. Beyond her music, Anne-Marie has also used her platform as a coach on *The Voice UK* to connect with and inspire a new generation of artists.

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